Welcome to Greater Moncton, a place where dreams can come true and where you belong!
Check out our Greater Moncton immigration website

For additional, up-to-date information on immigrating to Greater Moncton, including a comprehensive guide to preparing for your arrival and getting settled in Moncton, Riverview and Dieppe, visit www.immigrationgreatermoncton.ca. This is a website built with the collaboration of the three communities and is designed to help you find essential support services and contacts that you need to feel comfortable in your new home. Whether you are coming here to continue your studies, start a new business, work or start a new life in general, it will be useful to you.

This guide contains information taken from several sources. Lists and other information may have changed since the printing of this publication. In some cases, the information provided may represent only a sample of available resources. Mention of information resources in this guide is not an endorsement of the businesses and companies mentioned.

Moncton City Hall
Economic Development and Immigration
655 Main Street
Moncton N.B. E1C 1E8
(506) 389-5937
immigration@moncton.ca
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  - Community colleges
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  - Language training
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GETTING A JOB

- Finding a job
  - Websites
  - Government of Canada jobs
  - Job placement agencies
- Pre-employment services
- Employment services
- Local newspapers
- New Brunswick employment standards
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TAXATION IN CANADA

- Taxes
  - Sales tax
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- Canadian Human Rights Act
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  - Federal government
  - Provincial government
  - Municipal government
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- Laws
  - Alcohol, Tobacco and drugs
- Legal services
  - Legal representation
  - Legal Aid

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- Buying food at Grocery stores
- Buying food at Specialty grocery stores
- Buying food at farmers’ markets
- Places to shop

ENJOYING LIFE IN GREATER MONCTON

- Volunteering
- Speaking English and French
- Official Holidays in New Brunswick
- Being prepared for the weather
- Dressing for weather
- Enjoying the outdoors
- Community parks and playgrounds
- Sport facilities
- Arts and culture
- Cinemas / movie theatres
- Other activities
- Places of worship

COMMUNITY AID AND SUPPORT

- Shelters and support services
- Food banks
- Community kitchens
Welcome to Greater Moncton!

The cities of Moncton and Dieppe, and the Town of Riverview make up what is known today as Greater Moncton, Greater Moncton region or Greater Moncton area (GMA). Located in southeast New Brunswick, these three communities stem from a rich history that began with the 17th century arrival of French settlers, who are the forefathers of the Acadian population in New Brunswick today. The first settlers established a village along a winding section of the Petitcodiac River, and named it “Le Coude”, or the elbow. In 1755, the village was captured by the British under the command of Lieutenant General Robert Monkton, after whom the city of Moncton has been named. Just east of Moncton were French villages that, in the 20th century, came together to become what is known today as Dieppe. Across the River, on the south side, Anglophone communities united to create the Town of Riverview.

For decades, shipbuilding and the railway grew the local economy. Today, Greater Moncton is considered the economic engine for the province. Because of its location in the centre of Atlantic Canada, it remains a transportation and logistics hub for the railway and trucking industry.

Moncton, Dieppe and Riverview are independent communities, with each electing its own mayor and council. However, to keep costs down and for the benefit of residents, they share some key services, such as policing and transit.

Greater Moncton’s population is approximately 140 thousand people. While the English and French heritage remains prevalent, the region has experienced growing diversity over the last decade. The Université de Moncton hosts French-speaking students from all over the world, while job opportunities and the region’s quality of life have attracted many newcomers and their families.

To learn more about Moncton, Dieppe and Riverview, visit:

www.moncton.ca  www.townofriverview.ca  www.dieppe.ca

Three urban communities of Greater Moncton
EMERGENCY TELEPHONE NUMBER

Call 911 24 hours 24h
Ambulance Fire Police Poison

IMPORTANT TELEPHONE NUMBERS

Police (RCMP - Royal Canadian Mounted Police)
Non-emergency  (506) 857-2400

NB Power
Power outages  1-800-442-4424

Tele-care
Health information and support  811

NB Refugee Clinic
Legal support and information  (506) 204-5781

Service New Brunswick (SNB)
 Provincial government services  1-888-762-8600

Service Canada
Federal government services  1-800-622-6232 or (506) 851-6718

Taxis
Air Cab  (506) 857-2000
White Cab  (506) 857-3000 or (506) 855-0000
Taxi Direct NB  (506) 383-0075

Bus
Codiac Transpo  (506) 857-2008

COMPUTER ACCESS

Moncton Public Library
644 Main Street, Suite 101, Moncton  (506) 869-6000
www.monctonpubliclibrary.ca

Dieppe Public Library
333 Acadie Avenue (City Hall), Dieppe  (506) 877-7945
(506) 877-5015
www.dieppe.ca (Living section)

Riverview Public Library
34 Honour House Court (Town Hall), Riverview  (506) 387-2108
www.gnb.ca

Volunteer Centre of Southeastern New Brunswick
22 Church Street, T290, Moncton  (506) 869-6977
www.volunteergreatermoncton.com
mctnvol@nbnet.nb.ca

Multicultural Association of the Greater Moncton Area (MAGMA)
22 Church Street, Suite C170, Moncton  (506) 858-9659
1-800-980-1740
www.magma-amgm.org
info@magma-amgm.org

(CAFI) Centre d’accueil et d’accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick
236 St. George Street, Suite 119, Moncton  (506) 382-7494
www.cafi-nb.org

Coffee shops, restaurants and other facilities have WiFi access for your own device.
IMMIGRATION

Immigration, Refugees and Citizenship Canada

To get the most recent and reliable information about immigration to Canada, visit the Citizenship and Immigration Canada website. This site provides everything you will need to know to visit, study, work in or immigrate to Canada. This includes how to apply for a permanent resident card, citizenship or refugee protection.

www.cic.gc.ca
1-888-242-2100

New Brunswick Provincial Nominee Program (NBPNP)

The NBPNP is a provincial immigration program where individuals from all over the world have an opportunity to live in New Brunswick and apply for permanent residency. As an economic program, the NBPNP selects, and nominates qualified business people and skilled workers from around the world. The program includes a new Express Entry to the New Brunswick Labour Market Stream. For more information:

www.welcomenb.ca

OTHER RESOURCES FOR IMMIGRANTS

Multicultural Association of the Greater Moncton Area

- helps new immigrants and refugees to become settled in the community
- provides support and training in English and French
- creates cultural awareness in the community
- protects and promotes human rights

22 Church Street, Suite C170, Moncton N.B. E1C 0P7
www.magma-amgm.org
info@magma-amgm.org
(506) 858-9659
1-800-980-1740

Centre d’accueil et d’accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick

- helps francophone and francophile immigrants to become settled in the community
- supports francophone and francophile immigrants with all aspects of their needs — including social, economic, legal, etc. — as they settle in the community
- promotes cultural diversity

236 St. George Street, Suite 119, Moncton, N.B., E1C 1W1
www.cafi-nb.org
info@cafi-nb.org
(506) 382-7494

New Brunswick Refugee Clinic

This clinic provides legal support for immigrants and refugee claimants.

327 St. George Street, Suite 204, Moncton N.B.
www.nbrc-crnb.ca
(506) 204-5781
ETNO-CULTURAL ASSOCIATIONS

Contact information for these associations can be found at:

www.immigrationgreatermoncton.ca

Albanian Association Greater Moncton
Association Haïtienne des Maritimes (ASHAMA)
Association of the Netherlands - Greater Moncton
Belgo-Canadian Association
Cameroon Association
Congo Brazzaville Association
Brazilian Association of New Brunswick
Burundian Association
France (Consulat General De France - Service Culturel)
Greater Moncton Chinese Association
Hungarian Association
India (Indo-Canadian Association)
Irish-Canadian Cultural Association of NB
Israel (Congregation Tiferes Israel)
Italy (Moncton Italian Association)
Korean Association
Kosovars Association
Latino Association of Greater Moncton (VIVA Moncton)
Lebanese Association
Moncton Association of Guineans and Friends
Moncton Muslim association
Moroccan Association of New Brunswick
New Brunswick Congolese Association of Congo Kinshasa
Pakistani Canadian Association of Moncton
Philippines (Filipino Association of NB)
Provincial Council of African Ancestry
Romania (Consul General of Romania)
Romanian-Canadian Association of New Brunswick
Russian Multicultural Association of Greater Moncton
Scottish (Greater Moncton Scottish Association)
Ukrainian Club of Moncton
Vietnamese Association

The Greater Moncton Local Immigration Partnership (LIP) is a community initiative led by the City of Moncton and made up of a council of groups, businesses and individuals who help support immigrants in the community. The LIP creates an opportunity for groups to work together to help immigrants and newcomers to the community. The Partnership has information on programs designed to help newcomers to the Greater Moncton Area. For more information, visit immigrationgreatermoncton.ca

You can also connect with the Partnership on Facebook:

facebook.com/gmlip.pligm

moncton.ca   immigration@moncton.ca   (506) 389-5937
GOVERNMENT SERVICES

GOVERNMENT AGENCIES

There are two government agencies helping Canadians with services. Service New Brunswick (SNB) offers help with provincial responsibilities, such as health care and driver’s licences. Service Canada focuses on federal government responsibilities like passports and social insurance cards.

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<td>New Brunswick Medicare Card</td>
<td>Service New Brunswick (SNB) Assumption Place 770 Main Street, Moncton, N.B. (506) 856-2204 1-888-762-8600 <a href="http://www.snb.ca">www.snb.ca</a> or Place 1604, Suite 130 200 Champlain Street, Dieppe, N.B. 1-888-762-8600 <a href="http://www.snb.ca">www.snb.ca</a></td>
<td>Free</td>
<td>If you need to see a doctor or go to hospital, you must present your health card to receive free healthcare. Find out what is covered at www2.gnb.ca.</td>
<td>www2.gnb.ca</td>
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<tr>
<td>Driver’s licence</td>
<td>See section above</td>
<td>Varies</td>
<td>You need a driver’s licence to operate a vehicle in Canada.</td>
<td>See Transportation section</td>
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<td>Social Insurance Number (SIN) Other immigration documents</td>
<td>Service Canada Heritage Court Suite 310, 95 Foundry Street Moncton, N.B. 1-800-622-6232 <a href="http://www.servicecanada.gc.ca">www.servicecanada.gc.ca</a> <a href="http://www.canada.ca">www.canada.ca</a></td>
<td>Free</td>
<td>You need a SIN to get a job and have access to government services. Citizens, permanent and temporary residents can apply for a SIN.</td>
<td>You can apply for a SIN when you arrive, as long as you have proof of residency. Obtain an application online or in person and provide documentation.</td>
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CANADA POST

Canada Post delivers your mail at home and ships letters and parcels. In new neighbourhoods, the mail may be delivered to community mailboxes along the street. There are several post offices and postal outlets across Greater Moncton.

Canada’s Post Main Office

- 281 St. George Street, Moncton, N.B.
- (506) 857-7258
- www.canadapost.ca

Other outlets can be found at pharmacies and grocery stores across the City. In addition to selling stamps and shipping packages, they have passport applications and income tax return documents.

Greater Moncton also has many postal boxes where you can drop off envelopes. Postal boxes are red and have a Canada Post design on the side.

When mailing a letter or package, it must contain:

- Correct postage
- A return address (your home or work)
- The address where you are sending it
- The addresses must also contain postal codes
TEMPORARY HOUSING

If you need a temporary place to stay when you first arrive in Greater Moncton, there are a few options:

- Hotels and motels – most charge by the night, but some also have small kitchenettes that will allow you to stay at a weekly or monthly rate. You can search for them online.
- Airbnb.com – This website offers nightly, weekly or monthly places to stay. You can often rent single rooms in people’s homes, entire apartments or homes. To use Airbnb, you need to register with the site. Registration is free but there are extra charges for things like cleaning, when you rent from Airbnb.

RENTING AN APARTMENT OR HOUSE

There are many places you can rent an apartment or house in Greater Moncton. Where to look:

- Rental property companies
  - Search online for: “Moncton rental property companies”

- Signage
  - Signs in windows of houses and apartment buildings

- MAGMA and CAFI
  - Through support services at the Multicultural Association of the Greater Moncton Area and Centre d’accueil et d’accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick

Signing a lease

To rent an apartment in Canada, you will need to sign a lease. A lease is a legal agreement between the landlord (property owner) and the tenant (renter).

- The lease sets out the rights and responsibilities of both the landlord and tenant.
- Most leases are for rent only, and do not include the cost of utilities (heat and electricity) or the cost of doing laundry. Many apartments have coin laundry machines in the building.
- Most apartments require a year-long lease with a damage deposit to be paid. The deposit is returned when you move if your apartment is in the same condition as when you moved in.
- Most leases require a month’s notice before you move.
- In some cases landlords will also want to see proof of employment or income.
- When signing a lease, read it carefully.

Rental apartments are required to follow safety standards. Each bedroom must have a window and the apartment must have working smoke alarms.

For more information on renting and tenant rights, visit the Service New Brunswick site at www.snb.ca and search for “Office of the Rentalsman”.

HOUSING
BUYING A HOME

One of the best places to search for a house is to visit www.realtor.ca. This site lists all the available homes in Greater Moncton. You can search for a home by a specific price range, neighbourhood and size.

- You can also contact a real estate agent or company to get help. There are several large real estate companies in Greater Moncton, including Re/Max, Century 21, Creativ Realty, Property Guys and Royal LePage.
- Homes that are for sale also have signs on their front lawns with contact information.
- There are several steps required to buying a home in Canada. If you are not familiar with the process, it may be best to use a real estate agent.
- To find out more about buying a home in New Brunswick, visit www.legal-info-legalenb.ca

BUYING FURNITURE AND HOUSEWARES

- Many stores in Greater Moncton sell furniture for your home. These include Best Buy, Costco, the Brick, Leon’s, Sleep Country, Surplus Furniture Warehouse, Canadian Tire and Walmart. For a fee, you can order many things online and have them delivered to your home.
- A cheaper option is to look for second-hand items at The Salvation Army Thrift Store, Enviro Plus, Habitat for Humanity ReStore and Value Village.
- www.Kijiji.ca has a large list of second-hand items for sale. However you will likely need a car or truck to pick up your items. Prices and quality can vary, so it is important to carefully inspect items before buying.
- Accessories for your home can be purchased at grocery stores, pharmacies, dollar stores and many other retailers across Greater Moncton.

HEATING AND ELECTRICITY

New Brunswick winters can be very cold. As soon as fall arrives, you will need to heat your home. The cost of heating your home in winter is different than the cost of heating your home in summer. In New Brunswick, buildings are heated in many different ways: heating oil, natural gas, electricity, and wood.

Heating oil

If your home or apartment uses heating oil, you will need to contact a heating oil company. There are several in Greater Moncton. You can search online under “heating oil companies Moncton”.

Natural gas

If your home or apartment has a natural gas furnace, you will need to contact a natural gas company. There are several in Greater Moncton. You can search online under “natural gas suppliers Moncton”.

Electricity

Electricity costs tend to be higher in the winter months. Electricity is provided through NB Power. Many new homes also use electric heat. When you move into a home or apartment you will need to contact them to set up an electricity bill 1-800-663-6272 or visit www.nbpower.com.

Wood

Some people use wood stoves to heat their homes in winter. You will need to have a large supply of wood for the season. On www.kijiji.ca you can find people who sell dry firewood for wood stoves. You must be very careful using a wood stove and cannot leave it unattended.
COMMUNICATIONS
TELEPHONE AND INTERNET SERVICES

Today, many people rely on mobile devices for communication. In New Brunswick, the companies that provide telephone landlines and cable television to your home, also provide internet services. The main providers are:

Bell Aliant  1-888-214-7896  www.bellaliant.ca
Rogers  1-866-210-4059  www.rogers.com
Eastlink  1-888-345-1111  www.eastlink.ca

These providers offer better prices when telephone, cable, mobile phone and internet services are combined.

Mobile phones

There are many cellular or mobile phone providers in Greater Moncton. There are Kiosks at the Champlain Mall and stores throughout the City that sell cell phone services. The most common mobile phone providers are Telus, Virgin Mobile, Rogers, Bell Aliant, Koodo and Eastlink.

Walmart, Costco, Best Buy and Atlantic Superstore also offer cell phone services.

You can buy a new cellphone at these locations, or bring your own phone. Before you sign any contact, be sure to read it carefully to make sure you understand your mobile plan.

Computer and mobile phone repair

There are several small shops across Greater Moncton which will repair cell phones and computers.

Geeksquad at Best Buy (computer repair)
(506) 853-5188

Moncton Computer Exchange and Repair
(506) 855-8585

BJW Electronics Repair (electronics and computers)
(506) 857-2118

Atlantic Cell Phone Repair
(506) 874-3838

Public telephones

Public or pay telephones are becoming more difficult to find in the city. Hotels, the airport, bus and train station have pay telephones. Instructions on how to place a local and a long distance call are posted on the telephone. The cost for a local call is .50 cents.

Finding phone numbers

Telephone numbers and addresses
www.canada411.ca

Telephone numbers and business addresses
www.yellowpages.ca
Websites

The Internet is the easiest place to find Canadian and international news. In Canada, national news sites include:

- www.globeandmail.com
- www.nationalpost.com
- www.cbc.ca
- www.globalnews.ca
- www.ctvnews.com

These sites also offer sections that focus on news local to Atlantic Canada, New Brunswick and Moncton.

Television stations

The numbers of the television channels you have will depend on the cable company that you use, and the television package you select. These channels will help you to get the latest news: CBC, CTV, Global, CNN (US), PBS (US) CTV News Channel, CBC News Network and Weather Network.

Radio stations

Radio is a good way to learn about what is happening in Greater Moncton. There are English and French stations broadcasting news, music and other information.

**English**

- CBC Radio One 106.1 FM (news and information)
- CBC Radio Two 95.5 FM (music and information)
- K945 Music 94.5 FM (Rock and pop music)
- Classic Rock 103.1 FM
- Country 96.9 FM
- The Bend 91.9 FM (pop music and information)
- Max FM 103.9 FM (classic rock music)

**French**

- CBAF 88.5 FM (music and information)
- Espace musique 98.3 FM (classical and jazz music)
- l’Acadie Country 99.9 FM (country music)
- Radio Beauséjour 89.5 FM (country music)
- CFBO 90.7 (Contemporary music)
- CKUM Université de Moncton student radio 93.5 FM (French)

Newspapers

**English**

- Times & Transcript – Moncton
  - www.timestranscript.com
- Telegraph-Journal – Saint John
  - www.telegraphjournal.com

**French**

- L’Acadie Nouvelle
  - www.acadienouvelle.com
- L’Étoile
  - www.telegraphjournal.com/letoile
- Le Moniteur Acadien
  - www.moniteuracadian.com
MONEY AND BANKING
CANADIAN MONEY

The Canadian currency is the dollar. There are 100 cents in one dollar. To get the value of the Canadian dollar in other countries, you can visit: www.xe.com

5 cents
(one nickel)

10 cents
(one dime)

25 cents
(one quarter)

1 dollar
(one Loonie)

2 dollars
(one Toonie)

5 dollars
10 dollars
20 dollars
50 dollars
100 dollars

BANKING

There are many financial institutions in Greater Moncton. In Canada, there are banks and cooperatives, also known as credit unions. Both can help you with your money and offer similar services, but they are not the same.

Banks are managed by the Federal Government of Canada. To do business with a bank, you need to open a bank account.

Banks in the Greater Moncton area

These banks have offices across Canada.
Cooperatives are managed by the provinces. To use a cooperative or credit union, you must become a member.

Cooperatives in Greater Moncton

Both banks and cooperatives have similar services, such as:

- saving accounts
- chequing accounts
- debit cards
- credit cards
- mortgages
- travel cheques
- personal loans
- RRSPs
- bank drafts
- currency exchange services
- letters of credit
- financial planning
- insurance products

**HOW TO OPEN A BANK ACCOUNT**

A bank account is a safe place to keep your money. Banks offer different kinds of accounts, such as savings accounts and chequing accounts. Opening an account is easy, but you will be required to provide personal information and identification such as a passport and Social Insurance Number. You will need to speak with the bank representative about the kind of account you want.

You can put in or take out your money at any branch of the bank you select or by using a debit card.

**Debit Card**

A Debit Card is a plastic card that gives you access to your account from automatic banking machines that can be found throughout Greater Moncton. Using a Debit Card, you can take out money, deposit cash or cheques, pay bills (if you have them set up with your account), and transfer money between accounts. When you use a Debit Card to shop, the money is immediately taken from your bank account.

Ask your bank what fees you must pay to use a Debit Card. Banks differ in their payments fees.

**Credit Card**

You can also get a Credit Card at your bank. A Credit Card is different than a Debit Card. Using a Credit Card means that you borrow money to buy something now and pay it back later. If you do not pay the entire amount you owe by the deadline listed on your Credit Card statement, you will pay interest on the amount you owe. The interest on credit cards is very high, so you need to be careful on how you use your credit card. Generally, to avoid interest, you must pay the entire amount you owe within a month.

In order to get a Credit Card, you will need to provide your bank with personal information including details on previous debt, employment and salary. The bank will also do a credit check.
YOUR CREDIT CHECK

A credit check is a report of your credit history. It details what debt you have had in the past and your record of paying it back. The company that does credit checks is Equifax:

www.equifax.ca

Upon your arrival in Greater Moncton, it may be difficult for you to obtain credit if you do not have a credit report. As soon as you arrive, immediately start paying your bills by the payment deadline. This will help you to set up a good credit report.

Having a good credit report will also make it easier to borrow money in the future or get a mortgage for a home from the bank.
**PUBLIC TRANSIT (BUS)**

The public transit system serving Greater Moncton is Codiac Transpo. For schedules and rates:

- **857-2008**
- [www.codiactranspo.ca](http://www.codiactranspo.ca)

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**TAXIS**

Among the best known cab companies in Greater Moncton:

- **Air Cab**
  - (506) 857-2000
- **White Cab**
  - (506) 857-3000
- **Taxi Direct NB**
  - (506) 383-0075
  - (506) 855-0000

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**CYCLING**

There are several bike shops in the Greater Moncton Region, but you can buy bicycles at Canadian Tire, Walmart and Sears. You can also find used bicycles on [www.kijiji.ca](http://www.kijiji.ca). If you choose to buy one online, shop carefully and ask questions to ensure the bike was not stolen.

Used bikes are also available for purchase at La Bikery.

- [labikery.ca](http://labikery.ca)

Adults and children are required to wear helmets when biking. Greater Moncton has many biking trails that make it easy and safe for cyclists to travel.

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**VEHICLE**

You can buy new and used vehicles at car dealerships in Greater Moncton. Used vehicles can also be found on:

- [www.kijiji.ca](http://www.kijiji.ca)
- [www.autotrader.ca](http://www.autotrader.ca)

If you buy a used vehicle off the internet, choose carefully and be sure to research if it was in an accident, has serious problems or was stolen. You should have a mechanic check your vehicle before buying it.

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**Driving in New Brunswick**

To drive in New Brunswick, you need a driver’s licence. To own a vehicle, it must be registered and insured.

**Driver’s licence**

Getting a driver’s licence in New Brunswick will depend on your country of origin and your previous driving experience. Visit the Service New Brunswick to see what documents you must have to get a licence.

- [www.gnb.ca](http://www.gnb.ca)

If you do not have the correct documents, you will need to write a written driving exam, take a vision test and a driving test. There are also driving schools in Greater Moncton that can help you to obtain your licence. Service New Brunswick can provide you with a list of them.

To also have to take a driving test with Service New Brunswick. To schedule a driving test, call (506) 856-2992. Once you have passed the test, to get your licence you must:

- Pay the fee: $90 or more (valid for four years)
- Provide documentation: See the list on the website or visit a Service New Brunswick office.
Registering your vehicle

Once you have your driver’s licence, you will need to register your car or other vehicle. This can also be done through Service New Brunswick. To register your vehicle, you will need to have a safety inspection and pay a fee. The safety inspection can only be done through a licenced mechanic and must be done every year.

Service New Brunswick also provides information online and at its service centre on how to register your vehicle.

Vehicle insurance

In order to drive a vehicle in New Brunswick, you will need to make sure your vehicle is insured.

To purchase vehicle insurance, you will need to contact an insurance company. There are many insurance companies that offer vehicle insurance. Check online but make sure the company you are dealing with has a good reputation. Read your vehicle insurance policy very carefully before signing it.

Rules of the road

- You need to have snow tires on your vehicle in the winter. This requires buying a set and having a mechanic install them and remove them every year.
- It is against the law to drive if you have been drinking alcohol.
- The speed limit, in black numbers, is posted on white and black signs on the right-hand side of the road. The maximum legal speed is in kilometres per hour. On most highways in New Brunswick, the speed ranges from 90 km to 110 km. City roads have speed limits of 50 to 60 km.
- In New Brunswick, you and everyone in your vehicle must wear seatbelts when the vehicle is moving.
- If an ambulance, fire truck or a police vehicle has its flashing lights and siren (horn) on, drive to the right side of the road and stop. If you are stopped at a light, do not proceed, even if the light turns green.
- Never pass a yellow school bus when it is stopped for children to enter or exit, or when its signal lights are flashing.
- There are strict vehicle seat laws for children in vehicles. Each child must be in the right size car seat until they are nine years old, weigh at least 36 kilograms (79 pounds) or be at least 145 centimetres (57 inches) tall. Car seats must ALWAYS be in the back seat and properly fastened. Also, newborn babies must face backwards in their car seats. The Government of Canada provides car seat safety guidelines on its website at www.canada.ca

Traveling outside Greater Moncton

The City of Moncton is known as a transportation hub because it is located in the centre of Atlantic Canada. From the Greater Moncton Region, you can easily drive throughout the Maritimes, to other parts of Canada and to the United States.
MONCTON AIRPORT
Greater Moncton Roméo LeBlanc International Airport offers more than 100 flights to weekly destinations around the world. Located in Dieppe, it is 10 km from downtown Moncton. Most flights connect to all major commercial locations in Canada. Air Canada, Porter, Westjet and New Leaf fly out of Moncton Airport year round.

TRAIN STATION
Via Rail is the company that serves Canada through several rail networks. The network in eastern Canada links Montreal and Halifax. Greater Moncton residents have access to that network in Moncton.

Via Rail Station
1240 Main Street, Moncton, N.B.
(506) 857-9830 (arrivals and departures)
(506) 857-9830 (information and reservation)
www.viarail.ca

BUS STATION
Maritime Bus network allows you to travel throughout New Brunswick and the Maritimes.

Maritime Bus
1240 Main Street, Moncton, N.B.
1-800-575-1807
www.maritimebus.com
HEALTH AND SAFETY
As a newcomer, there are some important things you need to know about getting health care in Canada. If you are a permanent resident or Canadian Citizen, you must apply for a New Brunswick Medicare Card as soon as possible. This card allows you to receive free medical care in hospitals and doctors’ offices. You will have to present your card every time you visit a doctor or a hospital.

**NEW BRUNSWICK MEDICARE CARD**

See page 18 for details on getting a card.

**GREATER MONCTON HOSPITALS**

Two hospitals serve Greater Moncton. The phone numbers for specific departments are listed on their websites:

- **The Moncton Hospital**
  - 135 MacBeath Avenue, Moncton, N.B.
  - (506) 857-5111
  - [http://en.horizonnb.ca](http://en.horizonnb.ca)

- **Dr. Georges-L.-Dumont University Hospital Centre**
  - 330 Université Avenue, Moncton, N.B.
  - (506) 862-4000
  - [www.vitalitenb.ca](http://www.vitalitenb.ca)

Services provided: Wide range of health-related programs and services for adults and children, you may need a referral for some services.

**BEGINNING OF YOUR HEALTH AND SAFETY**

**IN AN EMERGENCY**

Only dial 911 in an emergency. It connects you to emergency services for police, ambulance, fire and poison control.

**BE PREPARED FOR EMERGENCIES**

New Brunswick weather, especially in the winter, can affect safety at home and when driving.

**Prepare an emergency kit for your home**

It should include:
- flashlights
- batteries
- water
- extra medication
- other items you may need if you are stuck in a storm or without power at home.

Visit the City of Moncton website [www.moncton.ca](http://www.moncton.ca) for more information emergency planning for your home.

The City of Dieppe also has a website where you can access information on emergency services:

**Prepare an emergency kit for your car**

Your vehicle should also have emergency supplies in the trunk:
- water and food
- shovel
- flashlight and extra batteries
- first-aid kit
- reflective pylons
- extra clothing and blankets (In case you are stuck by the side of the road or caught in a storm.)

To find out about emergency road safety:
- [www.getprepared.gc.ca](http://www.getprepared.gc.ca)
FAMILY DOCTORS

Getting a family doctor in New Brunswick may take some time. Through Service New Brunswick, you can register to be assigned a family doctor.

If you don’t have a family doctor, Greater Moncton has many walk-in and after-hours medical clinics that you can use. Different clinics have different operating times and you will need to book an appointment before going.

WALK-IN AND AFTER-HOURS MEDICAL CLINICS

The New Brunswick Medical Society lists the many walk-in clinics in Greater Moncton on its website:

www.nbms.nb.ca

TELE-CARE NB – DIAL 811

Tele-Care is a bilingual information line offered by the New Brunswick Department of Health. Experienced nurses answer your call 24 hours per day, 7 days per week. Dial 811. They can answer your questions and offer advice on medical treatment.

You don’t need a Medicare number to use these services and can call from anywhere in New Brunswick.

PHARMACIES

Pharmacies, also known as drug stores, are shops where you can get medication prescribed by a doctor. Pharmacies also carry over-the-counter medicine, which means medication you can buy without a doctor’s prescription.

There are many pharmacies in Greater Moncton where you can get medicine and fill a doctor’s prescription:

- Shoppers Jean Coutu
- Guardian Drugs
- Drug Mart
- Lawtons Drugs
- Ford’s Family Pharmacy
- Staples Drugs

Larger stores like Walmart, the Atlantic Superstore, Costco and Sobeys also have pharmacies.
BUYING ADDITIONAL HEALTH INSURANCE

You will need private insurance for the first three months of being in New Brunswick, especially if you do not have any medical coverage from another plan or province.

Once you receive provincial Medicare Health Insurance, it will cover you for many treatments and procedures, but not all of them. Without additional insurance, you may have to pay for medication, eye glasses, dental care and other treatments.

You can buy additional insurance from a private insurance company that will cover medication, eye care and dental services. Many workplaces offer additional insurance for their employees.

There are many private insurance companies that are listed online. Be sure to read the plans carefully and that the company you are dealing with has a good reputation.

OTHER MEDICAL SPECIALISTS

Finding Medical Specialists online:

For eye care: OPTOMETRISTS
For teeth: DENTISTS
For mental health issues: PSYCHIATRISTS or PSYCHOLOGISTS
For infant and child care: PEDIATRICIANS

It is best to visit a family doctor or walk-in clinic first before deciding on a specialist. The doctor can also recommend specialists in your area.
SCHOOLS FOR CHILDREN AND YOUTH

The public school system in New Brunswick goes from kindergarten (age 5) to Grade 12 (ages 17/18).

There are two separate school systems – English (Anglophone) and French (Francophone).

In Greater Moncton, the two school districts are Anglophone East School District and District scolaire francophone Sud. Each school has a boundary. Only children living within the school boundary are allowed to attend that neighbourhood school.

Schools have elementary, middle and high school levels:

**Elementary (k-5)** – Children start elementary school in kindergarten at the approximate age of five.

**Middle School (6-8)** – Children start in grade five at the approximate age of 10.

**High School (9-12)** – Teenagers start high school in grade nine at the approximate age of 14. They will receive their high-school diploma in grade 12 at the approximate age of 18.

Visit the school board websites to find schools in your neighbourhood.

**Anglophone East School District**
- [www.asd-e.nbed.nb.ca](http://www.asd-e.nbed.nb.ca)
- (506) 856-3222

**District scolaire francophone Sud**
- [www.francophonesud.nbed.nb.ca](http://www.francophonesud.nbed.nb.ca)
- (506) 856-3333
- 1-888-268-9088

SCHOOL REGISTRATION

To register your children in school, contact the school where you live for an appointment. You will need immigration documents, proof of address and health care information including vaccines.

DAYCARES AND AFTER-SCHOOL CENTRES

In New Brunswick, there are two types of childcare services:

**Licensed**: They are registered with the provincial government.

**Unlicensed or unregistered**: Often these are home daycares where an individual watches children.

Children under 5 years old can go to daycare for the entire day. Once children are school-age, they can go to after-school care. After-school programs often pick up your children directly from school.

Some daycares and after-school programs are better than others. They are also different prices. It is important to ask a lot of questions before choosing care for your children.

To find approved child-care facilities in Greater Moncton, visit:

The Government of New Brunswick has a list of approved daycares on its website.

- [www.gnb.ca](http://www.gnb.ca)

For more information contact the Department of Social Development in your community.

**Assumption Place**
- 770 Main Street, Moncton, N.B.
- 1-866-426-5191
POST-SECONDARY EDUCATION

Greater Moncton has several post-secondary education options.

UNIVERSITIES

Université de Moncton, Moncton campus – French
☎ 1-800-363-8336 ext. 2
☎ (506) 858-4000
✉ www.umoncton.ca

Crandall University-Christian Liberal Arts University - English
☎ 333 Gorge Road, Moncton, N.B.
☎ 1-888-968-6228
☎ (506) 858-8970
✉ www.crandallu.ca

Mount Allison University
(45-minute drive from Moncton) - English Admissions
☎ 65 York Street, Sackville, N.B.
☎ (506) 364-2269
✉ www.mt.a.ca

University of New Brunswick Faculty of Nursing, Moncton Campus
☎ 100 Arden Street, Moncton, N.B.
☎ (506) 856-3355
✉ www.unbf.ca/nursing/moncton

COMMUNITY COLLEGES

New Brunswick Community College in Moncton (NBCC)
☎ 1234 Mountain Road, Moncton, N.B.
☎ (506) 856-2220
☎ 1-888-664-1477
✉ www.nbcc.ca

Collège communautaire du Nouveau-Brunswick in Dieppe (CCNB)
☎ 505 Collège Street, Dieppe, N.B.
☎ (506) 856-2200
☎ 1 800 561-7162
✉ ccnb.ca/english

PRIVATE INSTITUTIONS

Eastern College (business, technology, healthcare)
☎ 1070 St. George Boulevard, Moncton, N.B.
☎ (506) 856-5166
☎ 1-800-297-0778
✉ www.easterncollege.ca

Oulton College
☎ 4 Flanders Court, Moncton, N.B.
☎ (506) 858-9696
☎ 1-888-757-2020
✉ www.oultoncollege.com

BayTech College (trades)
☎ 120 English Drive, Moncton, N.B.
☎ (506) 853-8883
✉ www.baytechcollege.ca

Chez Bernard Beauty Academy
☎ 106 Dieppe Boulevard, Dieppe, N.B.
☎ (506) 857-0192
✉ www.chezbernardbeautyacademy.com
**Medes College (beauty and wellness)**
- 1040 Champlain Street, Suite 300, Dieppe, N.B.
- (506) 384-3223
- www.medes.ca

**Jon Raymond Institute (hairstyling)**
- 21 Stone Avenue, Moncton, N.B.
- (506) 857-9840
- www.jonraymond.com

**McKenzie College (technical skills)**
- 770 St George Blvd., Moncton, N.B.
- (506) 384-6460
- www.mckenzie.edu

**Moncton Flight College**
- 1719 Champlain Street, Dieppe, N.B.
- (506) 857-3080
- 1-800-760-4632
- www.mfc.nb.ca

**LANGUAGE TRAINING**

**Alliance Française de Moncton – French courses**
- 100 Cameron street, Moncton, N.B.
- (506) 387-5056
- www.afmoncton.ca

**Multicultural Association of Greater Moncton (MAGMA) – French and English courses**
- 22 Church Street, Suite C170, Moncton N.B.
- (506) 858-9659
- 1-800-980-1740
- www.magma-amgm.org

**Collège communautaire du Nouveau-Brunswick – Language Learning Centre**
- 1-844-223-8603
- www.languagecentre.ccnb.ca

**New Brunswick Community College, Moncton (NBCC)**
- 1234 Mountain Road, Moncton, N.B.
- (506) 856-2220
- 1-888-664-1477
- www.nbcc.ca

**Université de Moncton – French courses**
- Moncton, N.B.
- (506) 858-4121
- www.umoncton.ca/edperm

**YMCA – English courses**
- 30 War Veterans Avenue, Moncton, N.B.
- (506) 857-0606
- www.ymcamoncton.com

**McKenzie College (ESL-English as a second language courses)**
- 770 St George Blvd., Moncton, N.B.
- (506) 384-6460
- www.mckenzie.edu
LANGUAGE TESTING AND PROFESSIONAL DOCUMENTS

If you do not speak English or French, you will need to take a language test to assess your speaking level. The federal government offers newcomers a service to help with this. Visit or contact a Service Canada office to learn more:

- www.servicecanada.gc.ca

Collège communautaire du Nouveau-Brunswick - Language Assessment Centre
For information or to register for a French or English assessment:
- 1-844-223-8603
- (506) 856-3582
- continuum.ccnb.ca

PUBLIC LIBRARIES

The New Brunswick Public Libraries are excellent community spaces where you can borrow books, magazines and videos. They offer classes and activities for children, and also have free computers and internet services. To use the services, you will need to sign up for a free library card. There are three libraries in the Greater Moncton Region:

- **Moncton Public Library**
  - 644 Main Street, Suite 101, Moncton, N.B.
  - (506) 869-6000
  - www.monctonpubliclibrary.ca

- **Dieppe Public Library**
  - 333 Acadie Avenue, Dieppe, N.B.
  - (506) 877-7945
  - www.dieppe.ca

- **Riverview Public Library**
  - 34 Honour House Court, Riverview, N.B.
  - (506) 387-2108
  - www.gnb.ca
FINDING A JOB

There are many options when it comes to looking for a job in Greater Moncton. The people who have the most success finding work do not rely on one method but use several methods. One important step is to tell others (friends, family, neighbours) that you are looking for work. Many jobs are not posted and are filled without being advertised.

Websites

There are websites which list all the jobs in your area. Most company websites also have a job or career section where they list open positions. These websites list job openings:

- www.workopolis.ca
- www.careerbeacon.com
- www.monster.ca
- www.indeed.com
- www.nbjobs.ca

Government of Canada jobs

The Government of Canada and the New Brunswick governments also have job banks:

- www.jobbank.gc.ca
- www2.gnb.ca

Job placement agencies

There are job placement agencies that you can register with. They can provide temporary and short-term work.

Kelly Services
- www.kellyservices.ca

Drake International
- www.drakeintl.com

Integrated Staffing
- www.integratedstaffing.ca

PRE-EMPLOYMENT SERVICES

Multicultural Association of the Greater Moncton Area (MAGMA)
- 22 Church Street, Suite C170, Moncton, N.B.
- www.magma-amgm.org
- info@magma-amgm.org
- (506) 858-9659
- 1-800-980-1740

CAFÉ: Centre d’accueil et d’accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick
- 236 St. George Street, Suite 119, Moncton, N.B.
- www.cafi-nb.org
- info@cafi-nb.org
- (506) 382-7494

EMPLOYMENT SERVICES

Working NB Office
- 200 Champlain Street, Suite 320, Dieppe, N.B.
- www.gnb.ca
- (506) 869-6944

Atlantic Human Services
- 51 Highfield Street, Suite 101, Moncton, N.B.
- www.theahsgroup.com
- (506) 383-9033
- 1-855-383-9033

LOCAL NEWSPAPERS

Don’t forget to check the Saturday edition of your local newspaper where jobs are advertised in the classifieds section. Many stores put signs in their windows when they are hiring.
NEW BRUNSWICK EMPLOYMENT STANDARDS

Employers are required by law to pay a worker no less than minimum wage to do a job. The minimum wage in New Brunswick is $11.

Employers must also follow employee standards guidelines that make sure workers are safe and treated fairly. For example, an employer must:

- Pay a worker at least minimum wage and in some circumstances, pay overtime
- Ensure proper safety gear and training on equipment
- Follow guidelines on employee safety and comfort while on the job.

For more information:

www.workershelp.ca

SELF-EMPLOYMENT

You may want to open your own business. There are many programs and services in New Brunswick to help new business owners. You can take training courses and learn all the steps needed to run a business – accounting, marketing, networking, investing, etc. These organizations in Greater Moncton can help you start your business:

3plus Corporation
  🌐 www.3plus.ca

Community Business Development Corporation
  🌐 www.cbdc.ca

Atlantic Canada Opportunities Agency
  🌐 www.acoa-apeca.gc.ca

Service New Brunswick
  🌐 www.snb.ca

Business Development Bank of Canada
  🌐 www.bdc.ca

Venn Innovation
  🌐 www.venninnovation.com

Canada Business
  🌐 www.canadabusiness.ca

Startup Moncton
  🌐 www.startupmoncton.ca

*As of August, 2017.
TAXES

Sales tax

Nearly everything you buy is subject to an additional tax called the Harmonized Sales Tax or HST. The tax rate is different from province to province. In New Brunswick, the HST is 15%. The HST tax will show on the bottom of your receipt when you buy something.

Income tax

In Canada, there is a tax on the income you make. This income tax helps pays for services like health care, roads, education, employment insurance and retirement. When you work, a percentage of what you make will be taken and given to the federal government. The amount taken is a percentage based on how much you earn.

Every year, by April 30, you will need to complete an income tax return that details what you have earned and what you have paid for. There are tax breaks given depending on what you earn and what you have paid for throughout the year. To get help with your tax return you can pay an accountant or tax specialist to complete your tax forms for you.

For more information on taxes and your income tax return, visit the Canada Revenue Agency’s website:

🌐 www.cra-arc.gc.ca

To learn more about employment insurance and the federal pension plan (retirement):

🌐 www.hrsdc.gc.ca
CANADIAN HUMAN RIGHTS ACT

If you are new to Canada, you will discover that Canada is governed by laws which no citizen is above. Also, the Canadian Human Rights Act protects the basic rights of individuals against discrimination based on race, national origin, colour, religion, age, sex, sexual orientation, marital status, family status and disability.

If you feel you have been discriminated against at school, in the workplace or elsewhere, contact the New Brunswick Human Rights Commission at (506) 453-2301.

GOVERNMENT

In New Brunswick, we operate under three levels of government:

Municipal government

The municipal government is the government that works at the city or town level. There are councillors and a mayor who are elected every four years to make decisions and represent the interests of residents. Services at the municipal level include garbage collection, snow clearing, recreation, roads – anything that directly impacts the functioning of the city or town. Moncton, Riverview and Dieppe each have their own municipal governments.

Provincial government

The provincial government is led by a premier and members of the Legislative Assembly (MLAs) who are elected every four years to represent the interest of the province’s people. The premier is the leader of the party that wins the most seats in the provincial election. The provincial government is responsible for a variety of services, including education, health care, highways, justice, tourism, culture and social services.

Federal government

The federal government is the Government of Canada. The leader is the Prime Minister. The Prime Minister is the leader of the party that wins the most seats in the federal election, which takes place every four years. The federal government is responsible for many things, including justice, currency (money), heritage, immigration, citizenship, defence, labour, international affairs and the environment.

www.gnb.ca
www.canada.ca

www.moncton.ca  www.townofriverview.ca  www.dieppe.ca
BYLAWS

Each municipality in Greater Moncton has bylaws. The Province of New Brunswick’s Municipalities Act authorizes cities to create and enforce bylaws to maintain the health, safety and wellness of the community. To learn about bylaws in Moncton, Dieppe and Riverview, visit the municipality’s website or contact city or town hall.

POLICE (RCMP - Royal Canadian Mounted Police)

Police officers are present on New Brunswick and Greater Moncton roads. A police officer’s job is to maintain safety in the community. If you are stopped by a police officer in your car, the officer will request your driver’s licence, insurance and the registration information for your car.

If you are ever in the unfortunate situation of being arrested by police, you need to know your rights. The police must:

- Identify him/her
- State that you are under arrest
- Tell you the reason for the arrest
- Tell you that you have the right to speak with your lawyer

RCMP
(506) 857-2400
www.rcmp-grc.gc.ca/en

LAWS

Alcohol, Tobacco and drugs

New Brunswick laws state:

- You must be 19 years old to purchase, possess or consume alcohol or cigarettes.
- You cannot drink alcohol on the street.
- You cannot smoke indoors and within so many feet of building entrances.
- Drinking and driving is illegal. It carries heavy fines and can even mean jail time.
- Consumption or possession of drugs that are not purchased at a pharmacy or prescribed by a doctor is illegal.

LEGAL SERVICES

Legal representation

Every person who is arrested has the right to legal representation. The Law Society of New Brunswick can assist in helping you to receive legal support:

(506) 458-8540
www.lawsociety-barreau.nb.ca

There are also law firms in Greater Moncton experienced in many areas including, family law, corporate law, labour law and human rights law. They can be searched for online.

Legal Aid

Legal Aid is available for low-income individuals who cannot afford to pay for legal support.

Greater Moncton Legal Aid Service
(506) 853-7300
860 Main Street, Suite 402, Moncton, N.B.

New Brunswick Refugee Clinic

The New Brunswick Refugee Clinic provides legal support for immigrants and refugee claimants.

(506) 204-5781
327 St. George Street, Suite 204, Moncton N.B.
FOOD AND SHOPPING
BUYING FOOD AT GROCERY STORES

There are many places you can buy food in Greater Moncton. Grocery Stores are located across the region. They sell food, household products and in some places, medication and clothing. They also carry a large selection of international foods. The two major grocery stores with locations across Greater Moncton are:

Atlantic Superstore  Sobeys
www.atlanticsuperstore.ca  www.sobeys.com

Walmart  Giant Tiger
www.walmart.ca  www.gianttiger.com

Greater Moncton also has meat and fish markets. You can find them online.

BUYING FOOD AT SPECIALTY GROCERY STORES

Here are a few specialty grocery stores in Greater Moncton, including:

Afrikana (products from Central Africa)
7 Jones Street, Moncton N.B.
(506) 854-5050

Blue Olive Grocery Store (Middle Eastern groceries)
451 Paul St., Dieppe N.B.
(506) 382-2888
blueolive.ca

Spice Shop (Asian/Filipino)
75 Champlain St., Dieppe N.B.
(506) 204-2249

Dolma Foods (international)
110 St. George St, Moncton N.B.
(506) 852-3774

Baobab
African goods store
331 Elmwood Dr, Moncton, N.B.
(506) 384-2321

Near East Chinese Market
342 Coverdale Road, Riverview, N.B.
(506) 204-8888

BUYING FOOD AT FARMERS’ MARKETS

Greater Moncton’s farmers’ markets operate all year long. Here you can buy locally grown fruits and vegetables, meats, cheeses, as well as arts and crafts. The markets also have excellent vendors who sell ready-to-eat foods from around the world.

Marché Moncton Market (downtown)
120 Westmorland St., Moncton N.B.
(506) 853-3516
www.marchemonctonmarket.ca
Hours of operation: Saturday, 7 a.m. to 2 p.m.

Marché de Dieppe Market
232 Gauvin Road, Dieppe N.B.
(506) 382-5750
www.marchedieppemarket.com
Hours of operation: Saturday, 7 a.m. to 1:30 p.m.
PLACES TO SHOP

Greater Moncton offers the largest retail shopping options in the province. There are two major shopping areas:

**Trinity Shopping Complex**
Located on Mountain Road next to Wheeler Boulevard, this large shopping area includes many stores such as: Walmart, Atlantic Superstore, Kent, Home Depot, Dollar Store, Michaels crafts, Cineplex movie theatre and Best Buy electronics.

The surrounding area includes even more shops and grocery stores. Buses that stop along Plaza Boulevard offer easy access to this shopping area.

**CF Champlain** is an indoor shopping centre having over one hundred stores including Walmart and Sobeys. It is located on Champlain Blvd., along the border of Moncton and Dieppe. Buses travel to and from CF Champlain.

CF Champlain
www.cfshops.com

Throughout the region there are also many specialty shops that provide all kinds of products and services. If you are searching for a special product or service, go online or ask someone in the community.

Most stores are open seven days a week, but only open from noon to 5 p.m. on Sundays.
New Brunswick is the largest of Canada’s three Maritime provinces. It borders Nova Scotia in the southeast, Quebec in the west and the American state of Maine in the south. A large portion of our border is also coastline - the Bay of Fundy, Northumberland Strait and Gulf of St. Lawrence.

New Brunswick is known for its natural beauty. Summers are warm and sunny with sandy beaches, parks and trails that can be enjoyed. Watersports such as boating and fishing are also very popular.

Winters are cold and snowy making skating, snowshoeing, skiing and other outdoor activities popular across the province.

For more information on the many things to see and do in the province, visit www.tourismnewbrunswick.ca.

**VOLUNTEERING**

Volunteering is an excellent way to help others, meet people and to get to know your community. There are many ways to volunteer in the Greater Moncton Region. The Volunteer Centre of Southeastern New Brunswick can connect you with volunteer opportunities. The Centre supports more than 150 registered agencies and organizations in Dieppe, Moncton and Riverview.

Volunteer Centre of Southeastern New Brunswick Inc.

22 Church Street, Suite T290 Moncton, N.B.

(506) 869-6977

www.volunteergreatermoncton.com

**SPEAKING ENGLISH AND FRENCH**

New Brunswick is the only officially bilingual province in Canada. That means both French and English are the official languages of the province. This means that in government offices, you can receive service in English or French.

The majority of New Brunswickers speak English but more than 30% of New Brunswickers speak French, while many more speak both languages.

**OFFICIAL HOLIDAYS IN NEW BRUNSWICK**

Each year there are official holidays where government offices and most stores are closed for business. Most of these holidays occur across Canada as well:

- **New Year’s Day** January 1
- **Family Day** Third Monday in February
- **Good Friday** Friday before Easter Sunday (March or April)
- **Victoria Day** Monday before May 24
- **Canada Day** July 1
- **New Brunswick Day** First Monday in August
- **Labour Day** First Monday of September
- **Thanksgiving** Second Monday in October
- **Remembrance Day** November 11
- **Christmas Day** December 25
- **Boxing Day** December 26

**BEING PREPARED FOR THE WEATHER**

New Brunswick experiences four very different seasons: Winter, spring, summer and fall. There are official dates that define the seasons, although the weather does not always follow these timelines. In fact, the weather is often unpredictable:

- **Winter** December 21 to March 21
- **Spring** March 21 to June 21
- **Summer** June 21 to September 21
- **Fall** September 21 to December 21
DRESSING FOR WEATHER

The weather in spring, summer and fall is easily manageable in New Brunswick, but winter can be very uncertain. It is important that you prepare for winter as temperatures can get as cold as -20 to -30 degrees Celsius (-4 to -20 degrees Fahrenheit). There are on average 3 or 4 snowstorms a year that are considered serious enough to close schools, colleges and workplaces.

During the winter, most media have storm information pages on their websites. CBC.ca for example has a local Storm Centre section on their site that lists all the weather cancellations in the province.

Preparing for winter means:
- Warm clothing: Hats, gloves or mittens, warm coat and boots, scarves, snow pants (especially for children)

Storm preparation: visit the Health & Safety section (page 49) to find out about home emergency storm preparation

Weather information:
- www.weathernetwork.com
- www.accuweather.ca

ENJOYING THE OUTDOORS

Tidal Bore

The Tidal Bore is a unique event along the Petitcodiac River that is caused by the extreme tides of the Bay of Fundy. The Bay has the highest tides in the world, and extreme changes in the River’s water level happens two times a day. You can see the Tidal Bore in action along the river from Moncton, Dieppe and Riverview.

For a daily schedule:
- www.tidalboretimes.ca

Centennial Park

Centennial Park offers fun and recreation throughout the year. The 230-acre green space is located in the centre of the city (on St. George St.) and is easily accessible by car, bicycle and bus. The park is open all year with seasonal activities that include swimming, hiking, tennis, snowshoeing, cross country skiing and skating. The playground, splash pad and some park trails are wheelchair accessible.

(506) 853-3516
- www.moncton.ca

Irishtown Nature Park

This is a very popular park for cycling, bird watching and taking nature walks. Irishtown Nature Park is 2,200-acre space in the north end of Moncton. There are walking trails in the spring, summer and fall and groomed ski trails during the winter months.

(506) 853-3516
- www.moncton.ca

Mapleton Park

This 300-acre park located in Moncton’s north end can be accessed from Gorge Road or Mapleton Road. There are wide accessible trails as well as more challenging trails. Open all year, this park has an outdoor skating rink in the winter.

Riverfront Park

Located along the banks of the Petitcodiac River in downtown Moncton, Riverfront Park has an excellent walking, running and biking trail. This trail is also part of the Trans Canada Trail system that also links the communities of Riverview and Dieppe. Along the riverfront, there are several points of interest including Bore Park, Skateboard Park, the Hal Betts Memorial Sportsplex and a memorial honouring three fallen RCMP police officers. On the Riverview side, there is a well-landscaped trail that provides excellent views of the river. To contact the Visitor Information Centre that is located along Riverfront Park, call (506) 853-3516.
Place 1604
Located at the heart of Dieppe’s downtown core, Place 1604 boasts large, urban public spaces, a refrigerated skating oval, a musical park, an outdoor theatre and various public works of art.

St-Anselme Rotary Park
Dieppe’s St-Anselme Rotary Park is a woodland space that has trails designed for walking, biking and running.

(506) 877-7946

Dobson Trail
The Dobson Trail provides an opportunity for outdoor enthusiasts to explore the wonders of New Brunswick’s wilderness. It has nine distinct sections stretching over 58 kilometres between Riverview and Fundy National Park.

Mill Creek Nature Park
Mill Creek Nature Park is a municipal park located in Riverview offering a variety of trails for hiking, bird watching, mountain biking cross country skiing and snowshoeing. A fun combination of outdoor recreation and nature conservation.

(506) 387-2024

Winter Wonderland Park
Skating around the outdoor oval or tobogganing and sliding down the hill at Winter Wonderland Park is a thrilling way to enjoy the weather and take advantage of Riverview’s ample snowfall. The park also features a BMX pump track, a walking trail and a picnic area during the summer months.

(506) 387-2024

COMMUNITY PARKS AND PLAYGROUNDS
There are many, many playgrounds across Greater Moncton. For more information on community parks and playgrounds, contact:

Moncton’s Parks and Leisure Services
(506) 853-3516

Dieppe’s Community Recreation Department
(506) 877-7900

Riverview’s Parks & Recreation Department
(506) 387-2024

SPORT FACILITIES
Indoor and outdoor sports facilities can be found in Greater Moncton. Sporting activities include:

- Soccer, football, cycling, tennis, golf, baseball, softball, basketball, pickle ball and lawn bowling
- Indoor and outdoor public swimming
- Arenas and gymnasiums

For more information on where these facilities are located, contact the websites of the local municipalities or call the Recreation Department numbers listed above.
ARTS AND CULTURE
Greater Moncton is known for its vibrant arts and culture scene. Throughout the year, you can attend concerts, musicals and theatrical productions:

Avenir Centre
Your home for concerts, shows, and sporting events.
150 Canada Street, Moncton, N.B.
(506) 962-4545
www.avenircentre.com

Capitol Theatre
The Capitol is a beautiful old theatre that offers many quality concerts and theatrical shows.
811 Main Street, Moncton, N.B.
(506) 856-4379
1-800-567-1922
www.capitol.nb.ca

Théâtre l’Escaouette
Theatrical and musical shows in French can be found at this theatre.
170 Botsford Street, Moncton, N.B.
(506) 855-0001
www.escaouette.com

Moncton Coliseum
The arena is home to the Moncton Wildcats hockey team and the Moncton Miracles basketball team. It is also the site of many large concert tours and trade shows.
377 Killam Drive, Moncton, N.B.
(506) 857-4100
1-888-720-5600
www.monctoncoliseum.com

Centre Culturel Aberdeen Coopérative Ltée and Jardin Aberdeen
This historic building in the downtown has been refurbished and is the home of the local ballet school and other cultural organizations. It has an art gallery and restaurant.
140 Botsford Street, Moncton, N.B.
(506) 857-9597
www.centreculturelaberdeen.ca

Riverview Arts Centre
The Riverview Arts Centre strives to inspire a passion for the arts while enriching the cultural life of our community.
400 Whitepine Road, Riverview, N.B.
(506) 852-7189
www.riverviewartscentre.ca

Université de Moncton
There are many student groups on campus. The Socio-cultural Recreation Services Student Centre, Room B-150 helps students who are interested in cultural experiences in Greater Moncton.
18 Antonine-Maillet Avenue, Moncton, N.B.
(506) 858-4554
(506) 858-3712
www.umoncton.ca/umcm-saee

Centre of arts and culture Dieppe
331 Acadie Avenue, Dieppe, N.B.
(506) 854-2787
www.centredesartsdieppe.ca
CINEMAS / MOVIE THEATRES
There are two Cineplex movie theatres in Greater Moncton:

Cineplex Cinemas - Trinity Drive
 mapa 127 Trinity Drive, Moncton, N.B.
 (506) 857-8903
 www.cineplex.com

Cineplex Cinemas - Dieppe
 mapa 499 Paul Street, Moncton, N.B.
 (506) 382-2095
 www.cineplex.com

Université de Moncton Ciné-Campus
This campus movie club shows independent and French films.

 mapa 18 Antonine-Maillet Avenue, Moncton, N.B.
 (Amphitheatre 163, Jacqueline Bouchard Bldg.)
 (506) 858-3712
 www.umoncton.ca

Far Out East Cinema
Movies from around the world.

 mapa 18 Antonine-Maillet Avenue, Moncton, N.B.
 (Amphitheatre 163, Jacqueline Bouchard Bldg.)
 (506) 859-2475
 Visit their Facebook page for movie show times and details

OTHER ACTIVITIES
The Greater Moncton area is full of attractions and activities that attract many tourists.

Magic Mountain Water Park
 www.magicmountain.ca

Magnetic Hill Zoo
 www.moncton.ca

Casino New Brunswick
 www.casinonb.ca

Resurgo Place
 www.resurgo.ca

For a list of activities, festivals and events taking place year-round, visit the city of Moncton tourism page:
 www.moncton.ca

For events and activities across the province:
 www.tourismnewbrunswick.ca.

PLACES OF WORSHIP
Under the Canadian Charter of Rights and Freedoms, you may practise the religion of your choice in Canada. In Greater Moncton, there are churches, a mosque and a synagogue.
COMMUNITY AID AND SUPPORT
The Greater Moncton Region has support for individuals and families needing help. There are humanitarian agencies and social service organizations to help.

**SHELTERS AND SUPPORT SERVICES**

Shelters offer a temporary place to stay for anyone who needs it. These are shelters for people who are homeless and have nowhere to go.

**Crossroads for Women Inc.**
Shelter for women and children fleeing abusive relationships.
- Moncton, N.B.
  - (506) 853-0811
  - www.crossroadsforwomen.ca

**Harvest House**
Shelter for the homeless.
- 182 High Street, Moncton, N.B.
  - (506) 855-0626
  - www.harvesthouseministries.org

**House of Nazareth**
Shelter for the homeless.
- 75 Albert Street, Moncton, N.B.
  - (506) 858-5702
  - www.maison-nazareth.org

**Greater Moncton Family Resource Centre**
A range of programs and activities intended for parents and their children between 0 and 6 years old.
- 451 Paul Street, Suite 210, Dieppe, N.B.
  - (506) 384-7874
  - www.frc-crf.com/moncton

**Moncton Community Mental Health Centre and Refugee Clinic**
Wide range of health-related programs and services for adults and children, you may need a referral for some services.
- 81 Albert Street, Moncton, N.B.
  - (506) 856-2444

**New Life Mission Inc.**
After-school drop-in programs, snacks, homework help, etc.
- 155 Lester Street, Moncton, N.B.
  - (506) 859-4277
  - www.newlifemoncton.com

**ReConnect**
(YMCA du Grand Moncton) Assistance with housing or shelter, food resources and referral to assistance agencies
- 30 War Veterans Avenue, Moncton, N.B.
  - (506) 857-0606
  - www.ymcamoncton.com

**YW Jean E.S Irving Centre for Women and Children**
- 135 Kendra Street, Moncton, N.B.
  - (506) 855-4349
  - www.ywcamoncton.com
FOOD BANKS

A food bank collects, manages and shares food with those in need. Food Depot Alimentaire is the main distribution centre for food in the Moncton area. Food banks can be used to help individuals and families who cannot afford to pay for groceries. The food at the food bank comes from donations, local restaurants and shops.

**Food Depot Alimentaire**
- Address: 330 MacNaughton Avenue, Moncton, N.B.
- Phone: (506) 383-4281

**Second Mile Food Bank**
- Address: 243 Lewisville Road, Moncton, N.B.
- Phone: (506) 857-9121
- Phone: (506) 531-1373

**Peter McKee Community Food Centre**
- Address: 475 St. George St., Moncton N.B.
- Phone: (506) 383-4281

**Open Hands Food Bank**
- Address: 19 Mark Avenue, Moncton, N.B.
- Phone: (506) 382-3663

**Salvation Army Community and Family Services**
- Address: 32 King Street, Moncton, N.B.
- Phone: (506) 389-9901

**West End Food Bank**
- Address: 398 Salisbury Road, Moncton N.B.
- Phone: (506) 874-5307

**Albert County Food Bank**
- Address: 50 Runneymeade Road, Riverview, N.B.
- Phone: (506) 386-7824

COMMUNITY KITCHENS

Community kitchens serve free meals at different times of the day, week or month. Please call ahead to confirm days and times.

**Karing Kitchen**
- Location: St. John’s United Church
- Address: 75 Alma Street, Moncton
- Phone: (506) 854-3837

**Ray of Hope Kitchen**
- Location: Knights of Columbus, St. Augustine Council
- Address: 340 Dominion Street, Moncton
- Phone: (506) 857-4224
Ce guide est aussi disponible en français