



SKATING SAFETY RULES



ALL SKATERS MUST:

**Wear a CSA approved ice sports helmet
(NO BIKE HELMETS ALLOWED)**

- ✓ Skate at a sensible speed
- ✓ Adhere to the directions of arena employees
- ✓ Young skaters or beginners should skate in the centre ice circle, where there is less danger to them being bumped into and may wear protective gear such as elbow pads, knee pads, and shin pads

Supports are allowed at Parent and Tot Sessions only

FORBIDDEN



- To be on the ice without skates
- To carry a child in your arms or on your back (including in baby carriers)
- To congregate in groups, skate in chains, skate backwards, or skate against the flow of traffic
- To use electronic devices on the ice (ex. headsets, cellphones, etc.)
- To sit on or jump over the boards
- To use supports (ex. chairs, sleds, strollers, and pylons)
- To use hockey equipment (sticks, pucks, shoulder pads, and nets)
- To eat or drink on the ice
- To engage in horseplay, to play tag or racing games, or to practice figure skating manoeuvres

Report all accidents or injuries to arena staff. The facility is not responsible for accidents and lost or stolen items. Skate at your own risk.

Those who fail to follow the rules will be asked to leave.

NO REFUNDS ON PUBLIC SKATING ADMISSIONS