

# On the Menu

[+] Social Inclusion  
Summit / Sommet  
sur l'inclusion  
Sociale

## Breakfast:

- Coffee and tea
- Assortment of Muffins, Danishes and Croissants
- Toaster Station with Bagels and Assorted Breads
- Freshly Diced Fruit with Yogurt Dips
- Selection of Cereals, Chilled Skim and Whole Milk
- Scrambled Eggs with Grated Canadian Cheddar & Green Onions both on the side
- Roasted Link Sausage and Bacon
- Breakfast Potatoes

## Lunch:

Adobo (Chicken marinated in vinegar, soy sauce, garlic, and spices) served with white rice.

*Country: Philippines*

Egusi Soup (Thick soup made from melon seeds, spinach, and vegetables, typically served with fufu).

*Country: Nigeria*

Biryani (A fragrant rice dish flavored with spices and saffron. Includes chicken).

*Country: India*

Tabbouleh (A salad comprising bulgur wheat, tomatoes, parsley, mint, dressed with lemon juice and olive oil).

*Country: Syria*

Mapo Tofu (Soft tofu prepared in a spicy sauce).

*Country: China*

## Snack:

Coffee team

Bibingka (Rice cake made with coconut milk, topped with cheese).

*Country: Philippines*

Puff-Puff (Deep-fried dough balls).

*Country: Nigeria*

Samosa (Fried pastry usually filled with spiced potatoes and peas).

*Country: India*

Hummus (A creamy dip made from blended chickpeas, tahini, lemon juice, and garlic).

*Country: Syria*

Spring Rolls (Crispy rolls typically stuffed with chicken).

*Country: China*