

2006 INDUCTEE

Russell Winston **HOWARD**

Athlete – Curling

As one of the world's most recognized curlers, Russell Winston Howard has achieved many great things in the span of his career. He is part of the NB Sports Hall of Fame, and creator of the "Free Guard Rule" used the world over. He has won five New Brunswick titles, two Canadian titles, and two World Curling Championships. He exemplifies fair play, athleticism, and giving back to the community. He holds the record for most Brier appearances, as well as wins, and his team is the only to have won the "Grand Slam" of curling in 1993. In 2006, Russ Howard proved his skill further by taking home the Olympic Gold Medal for curling as a member of the Canadian team in Turin, Italy.

