## 2011 Jay Christopher LONDON

## Athlete - Swimming

Jay's swimming career started at the young age of 3, when he jumped off the diving board at the local YMCA. He started competing two years later. He was 8 years old when he won his first two races and never looked back. He placed in the top 3 at the Junior Nationals under 14 and top 3 at the Nationals under 15. In 1985 Jay won the first NB medal for swimming at the Canada Games in Saint John, NB. In 1988, he qualified and attended the Olympic Trials in Etobicoke, ON. In 1989 while attending the University of New Brunswick he placed in the top 3 at the AUAA and CIAU. In 2003 Jay established a new Masters National record in the 200 I.M. He currently holds over 30 Provincial Masters swimming records.

